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Pt Name: \_\_\_\_\_

DOB: \_\_\_\_\_

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### **HEMORRHOID BANDING**

Appointment: \_\_\_\_\_

#### **Dear valued patient,**

We are excited to announce that our office is offering the patented CRH-O's Regan System for the non-surgical removal of internal hemorrhoids. The next few pages will explain the process and answer any questions you may have in regards to the hemorrhoid banding procedure.

The day prior to your scheduled banding procedure you will need to follow the following diet:

- Eggs
- Toast
- Salad
- Soup
- Jello/Pudding
- Sandwiches
- All Liquids are ok

You will also be required to purchase a dulcolax suppository (over the counter), this must be inserted rectally 1-2 hours prior to your appointment.

After your appointment, you will be asked to wait in the examination room or lobby for a minimum of 15 minutes to ensure you are feeling well. You will be asked to not do any heavy lifting or strenuous activity for the next two weeks, as it may cause the band to fall prematurely.

## What Is the CRH O'Regan System?



Fast & Effective



No Recovery Time



Covered by Insurance



Painless

The CRH O'Regan System is a unique type of [hemorrhoid banding treatment](#). During CRH O'Regan hemorrhoid treatment, a doctor places rubber bands around the base of internal hemorrhoids. The physician positions the band so it doesn't contact nerve endings, reducing any discomfort felt during and after the procedure.

The band pinches off the hemorrhoid, keeping blood from reaching it. After a few days without blood, the hemorrhoid shrinks and falls off. The process is so painless that many people don't notice when the hemorrhoid falls off.

No preparation is required for treatment with the CRH O'Regan System. You don't need to fast beforehand or clear out the bowels. There is also no down time needed for recovery after the procedure. You can return to work and other daily activities immediately after your treatment. On the day of your treatment, your doctor will recommend avoiding lifting heavy items or other activities that put strain and pressure on the rectal area. Most people can resume those activities the next day.

CRH O'Regan system side effects are rare, mild when they do occur and might include a feeling of fullness or slight discomfort in the rectum. Side effects usually fade within a day. Many patients find that an over-the-counter pain reliever is enough to manage any discomfort.

### Cost and Insurance Coverage

Cost is something to consider when you choose which hemorrhoid treatment is right for you. Over-the-counter (OTC) treatments and home remedies, such as using topical creams or sitting in a warm bath, may initially cost less than in-office or surgical treatments. But as these offer only temporary relief, you often need to continue using these OTC treatments, and this cost adds up over time. Additionally, as these treatments target the symptoms rather than the cause of your hemorrhoids, you may still not find full relief from hemorrhoids.

Surgical treatments are more effective at treating hemorrhoids but usually come with a high price tag. In addition to the surgery itself, a patient needs to pay for anesthesia, the surgical center and, in many cases, the surgeon's fees.

Compared to other in-office or surgical hemorrhoid treatments, the CRH O'Regan system is relatively low-cost. It's notably less expensive than surgery. The treatment usually requires a maximum of three office visits, which also helps to keep costs down. Additionally, many insurance plans cover the CRH O'Regan System. [Medicare](#) also covers the treatment.

## Why CRH O'Regan?



If you're still on the fence about choosing CRH O'Regan over other hemorrhoid treatments, you can talk to your physician to learn more about the benefits of the treatment compared to other options. Some of the reasons to choose the CRH O'Regan system include:

- It's safe: CRH O'Regan doesn't use metal clamps or require an endoscope, making it a considerably safer procedure compared to traditional rubber banding methods.
- It's pain-free: The gentle suction created by the device used during CRH O'Regan treatment doesn't create discomfort.
- It's covered by insurance: Most insurance plans will cover some or all of the cost of the treatment.
- It's quick: The CRH O'Regan System treats one hemorrhoid at a time and typically takes about 60 seconds. You can have multiple treatment sessions with the system. Since hemorrhoids aren't likely to recur after this procedure, it saves you the time and ongoing treatment required by other methods that don't produce long-lasting results.
- It won't interfere with your life: You don't have to go hungry, swallow laxatives or do any prep work before the treatment. Afterward, you won't need to take time off from work or otherwise put your life on hold.
- It uses disposable devices: Patients can acquire healthcare-associated infections (HAI) through the use of reusable medical devices, such as the metal clamps used during traditional hemorrhoid banding. The CRH O'Regan System uses a disposable suction device, which significantly reduces the risk of HAIs.

## CRH vs. Traditional Rubber Banding

Rubber band ligation is one of the most common treatment options for hemorrhoids, particularly for internal hemorrhoids. The CRH O'Regan system improves on traditional banding methods in a few ways. It replaces painful metal clamps with a soft suction device. The use of suction rather than clamps reduces bleeding risk and increases comfort. The system also offers benefits over endoscopic banding.

During endoscopic banding, a physician threads a small camera into the rectum so they can see where they are working. The use of the camera, or endoscope, means that a patient needs to clear their bowels and fast before the treatment. Patients are also usually given anesthesia and sedation during an endoscopic treatment, which makes the process take longer and extends the recovery period.

#### CRH vs. Other Hemorrhoid Treatments

Some people might prefer to treat their hemorrhoids at home rather than see a physician for care. Many home-based [hemorrhoid treatments](#) exist, including some natural remedies, such as applying witch hazel or apple cider vinegar to the affected area. Hemorrhoid creams are another popular at-home treatment option.

While using creams or natural remedies can give a person a temporary relief from their hemorrhoids, the results from those treatments aren't meant to be permanent. Many of the claims made are based on word-of-mouth and anecdotes, not scientific evidence.

As soon as the cream or ointment wears off, the discomfort, burning and itching caused by the hemorrhoids will likely return. To get longer-lasting relief, a person needs to seek a more definitive treatment.

CRH O'Regan System results are permanent, with few patients experiencing reoccurrence several years later.

#### Rubber Band Ligation with The CRH O'Regan Hemorrhoid System

Hemorrhoid banding, or rubber band ligation (RBL), is a fast and non-surgical approach to hemorrhoid treatment. Unlike [hemorrhoidectomy](#), it doesn't require fasting, sedation or post-procedure care. And unlike home remedies which provide only temporary relief, it completely and definitively treats hemorrhoid symptoms.



#### The CRH O'Regan System:

CRH uses a disposable ligator to create a soft, gentle suction that pulls the appropriate tissue into the device. Then, the rubber band can easily and painlessly be placed around the base of the hemorrhoid, where no pain-causing nerve endings are present.

While these banding options can provide complete removal of your hemorrhoid symptoms, we believe the CRH System offers the fastest, safest, most effective and most comfortable solution for hemorrhoid patients.

Learn more about the [CRH O'Regan System](#), or [find a physician now](#).