



Pt Name: _____

DOB: _____

Advanced Gastroenterology, P.C.
a division of Arizona Gastrointestinal Associates, PLC
2971 W. Elliot Road, Ste. 3 Chandler, AZ 85224
480-733-0500 OPT.2

Sanjay Ahluwalia, MD

Christina Miller, FNPC

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| SOUTHWEST ENDOSCOPY, LLC 2223 E. Baseline Rd Ste B Gilbert, AZ 85234 | BANNER DESERT SURGICENTER 1500 S. Dobson Rd. Ste 101 Mesa, AZ 85202 | Banner Gateway Medical Center 1900 N Higley Rd. Gilbert, AZ 85234 |
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Procedure Date:

Time:

Check-in Time:

ATTENTION - 7 DAYS PRIOR:

- Discontinue blood thinners & GLP-1 / weightloss medications see list attached
- Do not consume any type of seeds, nuts & popcorn as these interfere with colon visualization
- PICK UP PREP SOLUTION FROM PHARMACY

Start **TWO** days before your procedure:

- * Follow a clear liquid diet from the time you wake up in the morning
- * You may drink clear liquids such as apple juice, Gatorade, clear broth, tea, coffee, soda, Ensure / Boost CLEAR, popsicles and Jello (AVOID any red, green, blue, and purple).
- * AVOID: DAIRY AND DAIRY REPLACEMENT products, citrus pulp, and SOLIDS
- * Make sure to drink plenty of water throughout the day

5 PM:

- Begin drinking solution – Drink 1 8oz glass every 20 minutes until ½ gallon solution has been consumed. Continue drinking clear liquids after this has been done.

8 PM:

- Begin drinking second half solution – Drink 1 8oz glass every 20 minutes until the entire solution has been consumed. Continue drinking clear liquids after this has been done.

DAY 2 - Repeat the above

Day of Colonoscopy:

- Nothing to drink 4 hrs before procedure time

* You may take blood pressure, seizure, or mental health medication at your regular time with the least amount of water possible. * DO NOT take your diabetic medication until after the test when you have eaten. **PLEASE BE ADVISED:** * Your check-in time may change, due to unforeseen circumstances i.e. procedure cancellations.* If you have Diabetes - usually you should NOT take your diabetic medication on the day of your procedure until after you have resumed your diet unless you have severe insulin requiring diabetes-- where it may be necessary to take a smaller than usual dose. Please clarify with Dr. Ahluwalia and your diabetes treating physician before you begin your prep. **Scheduled procedures must be canceled or rescheduled no later than 3 business days (7 business days if scheduled at BGMC), Monday - Thursday, 08:30 a.m. - 04:00 p.m., from the day you are scheduled.**

Pt Initials: